ABSTRACT OF THE DISCLOSURE

An electronic mail distribution system which automatically sends out electronic mail which is scheduled to arrive at a recipient at a specified future date and time. A receiving unit receives the electronic mail which is scheduled

5   to arrive at the recipient at a specified future date and time. A mail database stores the information in a manner such that the electronic mail is associated with the specified date and time. A detection unit detects an electronic mail to be sent out, by comparing the specified date and time with the current date and time. A retrieval unit retrieves the to-be-sent electronic mail detected in the

10   detection unit, from the mail database. A transmitting unit sends out the thus retrieved electronic mail to the recipient at the date and time specified by the sender.